

The Upside Of Aging

Volume 5, Issue 9

September 2021

Walk to End Alzheimers

Saturday, October 2, 2021

Registration at 9 am

Ceremony at 10 am

Walk at 10:30 am

The Commission on Aging is gathering a group of walkers for this event, because we believe in helping to raise money towards Alzheimer's research. We would certainly be happy to welcome anyone who may be interested in signing up to walk with us, donate to the cause, or come cheer us on.

Our group is called GTC Commission on Aging. The walk will begin at the Open Space park located at the corner of West Grandview Parkway and N. Union Street. For more information go to the link below or call or email Melissa of the local Alzheimer's organization at **231-241-4934** or **mathopmson@alz.org**

https://act.alz.org/site/TR/Walk2019/MI-GreaterMichigan?fr_id=12630&pg=entry



What do the flower colors stand for?

- **Blue** represents someone living with Alzheimer's or another dementia
- **Purple** is for those who have lost someone to the disease
- **Yellow** represents someone who is currently supporting or caring for a person living with Alzheimer's
- **Orange** is for those who support the cause and the Association's vision of a world without Alzheimer's and all other dementia

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Website: www.gtcoa.org

caring for those who cared for you, since 1975

Just a
friendly
reminder...

- > COA will be closed **Thursday, November 11** in observance of Veteran's day
- > Walk to End Alzheimer's, **Saturday, October 2** at the Open Space, TC

Reminder: COA office is closed for lunch between 12 - 1 pm

Summer Storm Stats

Our Home Chore team was able to assist **44** clients with storm damage in August. They hauled away several loads of tree limbs and brush from clients' yards.



Home Chore Annual Outside Window Washing

It's that time of year again. Time to take down the screens and clean the outside windows before the weather turns cold.

Our annual outside window washing service is scheduled to begin this fall, weather permitting. For those clients who are already signed up for the service, you will receive a letter from us in the near future. Please note, we don't do apartments or any windows requiring a ladder to reach.

If you are not a window washing client and would like to find out more about this service, please give us a call at **922-4688** and we would be happy to answer your questions or add your name to our waitlist.

Call our office to cancel your COA worker if you are ill, have been tested for COVID-19, or have been asked to quarantine. Please call within **48** hours if you need to cancel for any other reason, such as a doctor's appt. **(231) 922-4688**



October Staff Birthdays and Anniversaries

Birthdays

Brenda V - 10/01
Emily R - 10/01
Lana P - 10/02
Curt B - 10/02
Liz R - 10/13
Sandy C - 10/26

Anniversaries

Cheryl H - 10/05 - 1 yr
Crystal J - 10/14 - 2 yrs
Sandy C - 10/19 - 1 yr
Nancy I - 10/25 - 17 yrs